

# THE TRUMPET SOUND

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## Autism & Jenny McCarthy

CHIEF EDITOR: Lesa Hukill

EDITOR/GRAPHICS:  
Susie Stone

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### Quote

**Autism is treatable.  
Prepare to recover!**

-Lisa Ackerman

Founder TACA

(Talk about curing autism)



### FLAG FACT:

One of the most memorable battles of WWII was on the island of Iwo Jima, in February 1945. After two days of fierce combat with 7,000 Americans killed, and 20,000 wounded, US Marines pushed the Japanese back and took Mount Suribachi, an extinct volcano. Soldiers had received orders from Colonel Johnson to "put this up" while he handed them a small US flag. The men reached the summit and then attached the flag to a 20 foot piece of pipe and erected it atop Mount Suribachi. It was replaced two hours later with a larger flag. The scene was photographed by Joe Rosenthal and became one of the most famous photographs of WWII. It won the 1945 Pulitzer Prize for Photography.



## AUTISM...KIDS CAN RECOVER!

If your child has autism and you have not read Jenny McCarthy's books—you should. They are full of encouragement and help. Mothers, including Jenny, and a father share their journey in helping their child get better—and yes, some even recover to the point that the diagnosis is undiagnosed officially. (*Mother's Warriors, Jenny McCarthy, pg. 180 & pg. 82*).

Jenny has appeared on Oprah Winfrey, 20/20 with Debra Roberts, Good Morning America with Diane Sawyer, The View with Barbara Walters, and Larry King where she broadcasts her message of hope, faith, and recovery. She shared on Oprah about the gut-brain connection and how cleaning up the gut clears the brain. (For those that don't believe in the gut-brain connection, a doctor once said, just try that theory in a bar, order a drink and see what happens. The connection is

very real.) Jenny witnessed with her own son, Evan, how food alters brain response. She says within two weeks of starting the gluten-free (wheat), casein-free (dairy) diet, he doubled his vocabulary and the foggy world he seemed trapped in suddenly lifted.

She also says, the diet may not work for all children, but for MANY it will. Some will be able to speak or smile for the first time! Many have tried to discredit the diet, but the results speak for themselves.

After the Oprah Winfrey Show, Jenny was able to answer emails from viewers, but not until after the system crash was fixed. There were over 2,500 hits per second that crashed the entire system.



Does this sound like a hot topic? The report—mom after mom shared similar improvements after changing their child's diet and other biomedical treatments such as oxygen therapy and metal detoxification (chelation).

On Good Morning America with Diane Sawyer.....

Continued pg. 2....

## Glutathione - A Powerful Benefit to the Body

Glutathione is one of our body's chief detoxifying agents meaning it helps rid the body of toxins. It has been described as a garbage truck that collects and removes poisons.

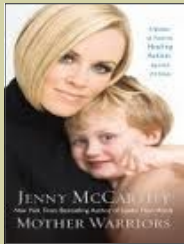
Your body produces its own levels of glutathione naturally, but you can increase levels of this mas-

ter detox agent with a diet rich in sulfur such as garlic and onion and cruciferous vegetables such as broccoli, kale, and cabbage. Exercise is another way to boost glutathione. Supplements such as milk thistle and selenium can be beneficial to help the body recycle and produce more glutathione. One can also increase levels with methylation nutrients such as B12

and can be used in a nebulizer, a cream, or B12 injections. Stan Kurtz, whose son Ethan recovered from autism, helped pioneer an effective over the counter MB12 in the form of a nasal spray.

You can watch videos of the awesome results at [recovery-videos.com](http://recovery-videos.com)

- Lesa Hukill



## Mother Warriors

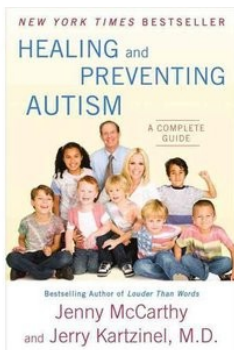
Jenny McCarthy

Faith, Hope, Recovery

### Quote

After I found  
Dr. Arthur Krigsman,  
everything started to get  
better.

- Michelle Woods  
Mother Warrior to Kevin



"It gave me tremendous hope to learn that if I fix his gut and fix his immune system, maybe he will get better. And he did."

- Michelle Woods

### Safety First

National Vaccine  
Information Center  
Phone: 1-703-938-0342  
[www.nvic.org](http://www.nvic.org)

## AUTISM...KIDS CAN RECOVER CONTINUE FROM PG 1

Jenny spoke about how the medical community really does not understand that children with autism are physically sick and many pediatricians do not know how to treat them; however, children with autism do have certain symptoms such as leaking guts, deregulated immune systems, inflamma-



It makes no sense to vaccinate  
when your child is sick

tion, food allergies, eczema, diarrhea, fungal overgrowth, and viral, thyroid, and cholesterol issues. These symptoms are treatable, but it seems when mothers tell doctors what happened to their child after vaccines and the problems they are having, many times this is ignored. One mother says the doctor blew her off when telling him that her daughter was saying three words and randomly, not ap-

propriately (she had previously written in her baby book that she spoke 13 words—often and appropriately.) Another mother told the pediatrician her child did not have normal stools, he has tantrums all the time, and screams as if he is in pain. His response—"It's just autism....it's just the way with autistic children."

Even though your doctor may tell you there is nothing you can do or will not listen to you, as has happened to many mothers, there are doctors that can and will help. A list of DAN (Defeat Autism Now) doctors is included in the back of Jenny's book, *Mother Warriors*, and also you can search this link for [DAN doctors](#).

Additionally, Barbara Lowe Fisher, [NVIC](#), explains in her article, [Find a Compassionate Doctor to Help You Prevent Vaccine Injury](#), it is really up to the parents to find a doctor they can trust, who will take the precautionary approach to giving more vaccines in the face of previous vaccine reactions, like seizures, especially if the child has symptoms of brain injury.

Furthermore, it is important to know that it could be detri-

mental to your child's health to give them vaccines when they are sick, have a cold, or on antibiotics, because the body is already in a weakened condition and cannot handle another assault. Lisa Ackerman shares her experience in this area in Jenny McCarthy's book, *Mother Warriors*. (pg. 87). She took her son to a well-baby checkup and to get his shots. He had been fighting an ear infection and was on antibiotics. She had also given him Tylenol before they went, which lowers glutathione (the body's natural antioxidant). That evening after receiving vaccines her son was unresponsive and soon words disappeared as well as several other characteristics that are traits of autism. Another mother says her alarm went off because it made no sense to vaccinate when her child's immune system was weak. She says, "I didn't want them to do it, but they did it anyway. I will never forget that moment."

If you have reservations about whether or not it is the right time to give your child vaccines, wait until you have done your research and feel confident with YOUR decision and not one forced on you by a doctor.

- Lesa Hukill

## GLUTEN FREE—CASEIN FREE (GFCF) DIET HELPS TO HEAL AUTISM

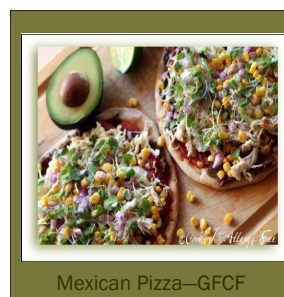
Children with autism seem to have allergies and sensitivities to foods that contain large protein molecules which are found in both gluten and casein. It can cause damage to the intestinal wall (known as leaky gut syndrome) and also have a negative impact on brain development.

The GFCF diet is the most helpful treatment for brain development because diet affects brain response and can help heal the gut. For

more information on this go to, [Autism, The Leaky Gut and The Gluten Free, Casein Free Diet and Leaky Gut and the Gluten-/Casein-Free Diet](#).

The GFCF diet can be a challenge but so beneficial and a pure delight when you see improvement in your child. Links

to help you implement and master a change to organic gluten free—casein free diet and Cook Books:



Mexican Pizza—GFCF

[Click photo for recipe](#)

[Super Allergy Girl, Cookbook](#) and [www.gfcfdiet.com](http://www.gfcfdiet.com)

And information at [Tacanow.org](http://Tacanow.org)

Helpful gluten free diets [All Recipes.com](#)